

MIND WORKS CLINIC

Innovative Mind Care for a Balanced You.

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Registration Number: **PSY0002271791**



Are you seeking
comprehensive and
evidence-based
psychological support
for your patients?



Mind Works Clinic specializes in providing expert assessment and therapy for individuals struggling with a range of mental health challenges. We offer a client-centered approach, utilizing proven therapeutic modalities to promote healing and well-being.

Areas of Expertise:

- Anxiety and Panic Disorders
- Bipolar Disorders
- Coping with Cancer & Chronic illness
 - Family and Carer Support
- Depressive Disorders
- Dissociative Disorders
- Domestic Violence
- Functional Neurocognitive Disorders
- Obsessive-Compulsive Disorders (OCD)
- Trauma-Related Disorders (PTSD)

Therapeutic Approaches:

- Cognitive Behavioural Therapy (CBT)
- Acceptance and Commitment Therapy (ACT)
- Vagus Nerve Stimulation via Positive Biofeedback

We are committed to providing your patients with the highest quality care, fostering resilience and empowering them to lead fulfilling lives.

Easy Access for Your Patients:

- **Train:** 5-minute walk from North Sydney Station
- **Metro Train:** 3-minute walk from Victoria Cross Station
- **Car:** Nearby 2-hour street parking and multiple parking stations

Contact Us:



+612 6460-7000

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We welcome referrals from General Practitioners, Psychiatrists, Paediatricians, and approved allied health professionals.

